

THE BEST ME PATHWAYS

Professional Growth & Development Programs

Under Wellness University, the Best Me Pathways goes beyond the physical health. It dives into emotional well-being and professional growth & development, to help you thrive in your career.

The Best Me Pathways program offers a variety of courses, activities, and resources specific to your needs to help enhance your business knowledge, strengthen your skillsets, and aid in career aspirations. Here are just a few of the many offerings available:

 KAISER PERMANENTE

live well be well
WELLNESS UNIVERSITY

Kaiser Permanente's Business Resource Groups (BRGs)

Since 1989, BRGs bring people together to foster a culture of belonging and connection. Their goal is to advance equity and inclusion in the workplace, while delivering care to our members, and our community. Open to all KP employees and physicians, benefits of being part of a BRG are connecting with peers throughout the organization, building new skills, learning about different career paths, and so much more.

Career Path Self-Assessment

This tool is available to all Kaiser Permanente employees and will help you assess your professional background and interests. After completing the assessment, the tool will create a personalized action plan to help you identify your next steps to reaching your career goals.

KP Business Literacy

You will gain a better understanding on how Kaiser Permanente is structured to meet the needs of its members, patients, employees, and physicians. Learn how your role is an important part to the success of this organization and about the business of Kaiser Permanente, which includes the organizational and financial structure.

Tuition Reimbursement

Kaiser Permanente encourages lifelong learning for employees. You can receive tuition reimbursement (up to \$3,000 annually) for successfully completing eligible courses to continue your education, get a certificate, or earn a degree.



Explore what's available,
and scan the QR code for a full list of
The Best Me Pathways professional
growth and development programs, or
visit kpssc.org/best-me

 KAISER PERMANENTE
SOUTH SACRAMENTO
simply the best