

THE BEST ME PATHWAY

Professional Growth & Development Programs

Under Wellness University, the Best Me Pathway expands beyond physical health and dives into mental health, growth, and development to help you thrive in your career.

The Best Me Pathway program offers a variety of courses, activities, and resources specific to your needs to help enhance your business knowledge, strengthen your skillsets, and aid in career aspirations.

 KAISER PERMANENTE

live well be well
WELLNESS UNIVERSITY

Simply the Best Toastmasters

The Simply the Best Toastmasters club will help you master public speaking, improve your presentation & leadership skills, and support your professional goals while networking and connecting with others.

Career Path Self-Assessment

This tool is available to all Kaiser Permanente employees and will help you assess your background and interests. After completing the assessment, the tool will create a personalized action plan to help you identify and reach your career goals.

KP Business Literacy

You will gain a better understanding on how Kaiser Permanente is structured to meet the needs of its members, patients, employees, and physicians. Learn how your role is an important part to the success of this organization and about the business of Kaiser Permanente, which includes the health care industry's organizational and financial structure.

Tuition Reimbursement

Kaiser Permanente encourages lifelong learning for employees. You can receive tuition reimbursement (up to \$3,000 annually) for successfully completing eligible courses to continue your education, get a certificate, or earn a degree.



And so much more ...

For a full list of The Best Me Pathway professional growth and development programs, or to find out more, scan the QR code or visit kpssc.org/best-me

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SOUTH SACRAMENTO
simply the best