

National Healthcare Decisions Week

April 11 – 15, 2022



You are invited to a series of speaking events offered online via Zoom. Please pre-register.

Advance Healthcare Directives Workshop

Monday, 4/11/22, 12:30 PM - 1:30 PM

Receive guidance on how to fill out an Advance Health Care Directive and have your questions answered by Cynthia Gadayan, Clinical Health Educator for Kaiser Permanente South San Francisco.

Estate Planning Bloopers

Tuesday, 4/12/22, 12:30 PM - 1:30 PM

Join our discussion about common mistakes families make with wills and trusts. Learn about estate planning do's and don'ts with Sally Bergman, an Elder Law & Estate Planning Attorney with 35 years of experience.

Planning for Your Future Healthcare Wishes

Wednesday, 4/13/22, 12:30 PM - 1:30 PM

Learn how to get started in planning for your future and make your health care decisions known with Dr. Nisha Qureshi, Internal Medicine Physician for Kaiser Permanente South San Francisco.

Lean Into Love: Caring for Our Loved Ones

Thursday, 4/14/22, 12:30 PM - 1:30 PM

Learn information and resources available to you as a Caregiver for family or other loved ones with Ann Tan, Social Worker in Palliative Care and Juliet Rodriguez, Senior Health Educator in South San Francisco



Scan the QR code or use the link to pre-register for these events.

<https://forms.office.com/r/Y2BhRPeKtt>