



10 Minutes to Wellness

2022 Health Fairs

Have your cholesterol, glucose & blood pressure checked all in 10 minutes. For attending, you'll receive a giveaway, automatically entered for a chance to win an Apple AirPods and earn at least 5 Wellness University credits towards great rewards.

To comply with current Covid-19 protocols, appointments are required. Please make sure to keep your appointment and arrive on time. We may not be able to accommodate late arrivals or walk-ins. Click on the [link](#) below to make your appointment today!

Bring your KP medical record card and fast for 10-12 hours for complete fasting lab work. Non-fasting blood tests will also be available.

Health Fair Date	Time	Location	Appointment Registration
Tuesday, March 22	11am—2 pm	HOS CR 3-4, Ground Floor, SSC	https://www.signupgenius.com/go/60B0548A5AC23A2FE3-wellness
Thursday, March 24	11am—2 pm	CR 1-2, Elk Grove MOB	https://www.signupgenius.com/go/60B0548A5AC23A2FE3-wellness
Thursday, March 31	11am—2 pm	CR 2-4, Promenade MOB	https://www.signupgenius.com/go/60B0548A5AC23A2FE3-wellness

For questions or more information, visit kpwellnessu.org, email Employee-Wellness-SSC@kp.org, or call (916) 525-4820.

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live well be well
WELLNESS UNIVERSITY